



# KALIMPONG COLLEGE

27.05°N  
88.46°E  
1248 M



(Govt. Aided)

ACCREDITED BY NAAC WITH GRADE 'B' (CYCLE 3)

RINKINPONG ROAD, P.O. & DIST. KALIMPONG, WEST BENGAL, PIN-734301

Email: principalkalimpongcollege@gmail.com

03552-351002

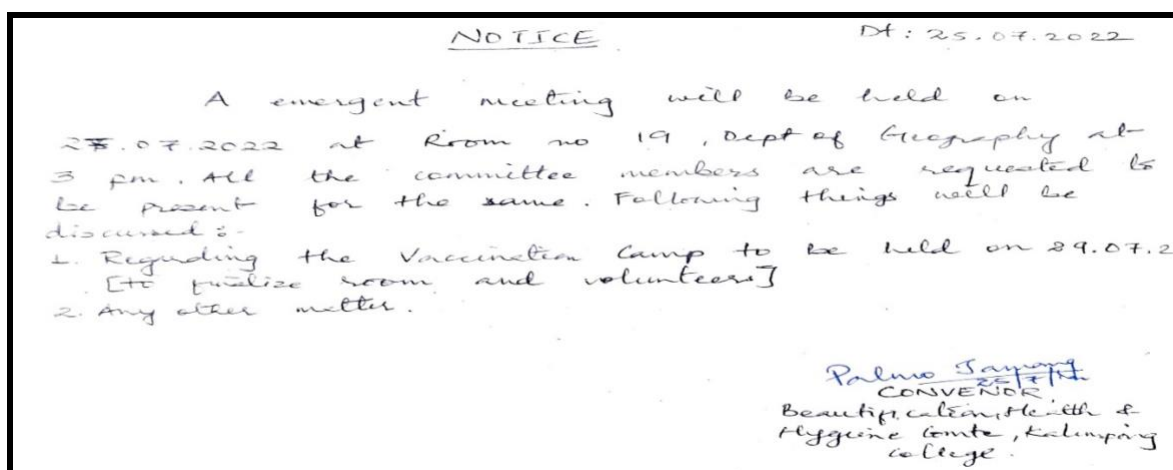
Website: www.kalimpongcollege.org.in

## BEAUTIFICATION, HEALTH AND HYGIENE COMMITTEE

### KALIMPONG COLLEGE

### REPORT (SESSION 2022-2023)

#### 1. Vaccination Camp at Kalimpong College



**1.2 Members present in the meeting:** Ms. Palmo Tamang (convenor), Mrs. Nisha bagdas, Mrs. Jennifer Lama, Dr. Momtaj Begum, Dr. Manik Lal Acharjee, Shri Jiten Mangar.

#### 1.3 Resolutions adopted in the meeting:

- Discussion regarding sending a notice to teachers and students about the vaccination program.
- Committee members to take the task of informing students as per the department.
- Hall to be arranged as per the instruction provided by the Health Department, kalimpong District Hospital.
- Arrangement of 10 student volunteers along with the committee members to assist the health workers during the Vaccination.
- A unanimous decision was taken to provide refreshments to the health workers, volunteers and committee members.



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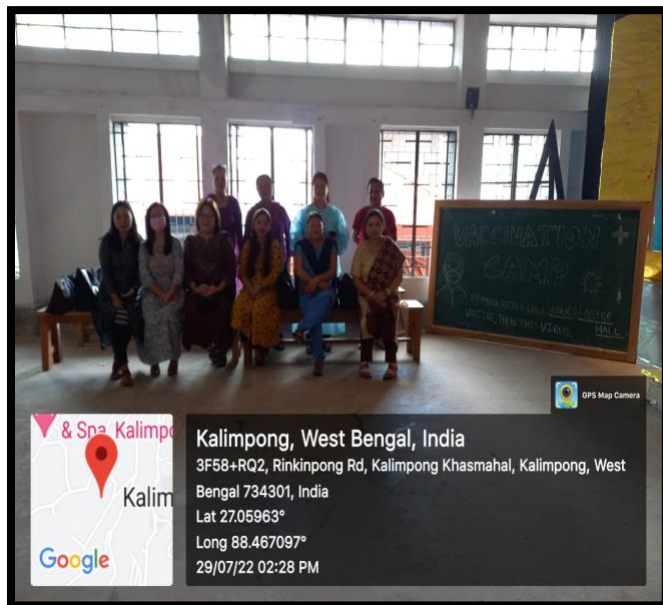
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**1.4 Report on Vaccination:** A vaccination Camp was organised by a joint collaboration of Kalimpong District Hospital (Kalimpong Municipality) and Beautification, Health and Hygiene Committee, Kalimpong College on 29<sup>th</sup> July 2022. Both Covaxin and Covishield Vaccines were made available for the students and the faculties. The vaccination started at 10 am in the morning and went on till 3pm in the afternoon. A total of 148 Covishield and 30 Covaxin was covered that day, which includes teaching, non-teaching staffs and the students. This program turned out to be a fruitful one.





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**2. Campus cleaning on 13<sup>th</sup> August 2022** : A regular campus cleaning was done on 13<sup>th</sup> August with the help of students of Geography Dept. And NSS Unit-I volunteers. The program started at around 11am and went till 2pm in the afternoon. A total of 32 students and some teachers took part in this. The activities included cleaning of the exterior of the Central Administrative Building, area near the main gate, some gardening etc.



### **3. Campus cleaning on 27<sup>th</sup> August 2022**

Another cleanliness drive was conducted on 27<sup>th</sup> Aug'22 by Beautification, Health and Hygiene Committee in collaboration with Eco-Club and its volunteers. Many teachers also took an active part in the cleanliness program with zeal and enthusiasm. The activities include the cleaning near the main gate, planting of flowering (marigold) saplings, cleaning of the area near the RUSA building, maintenance of footpath on the back gate of the College Campus. The program ended at 2pm, which was followed by refreshments for all the participants thereafter



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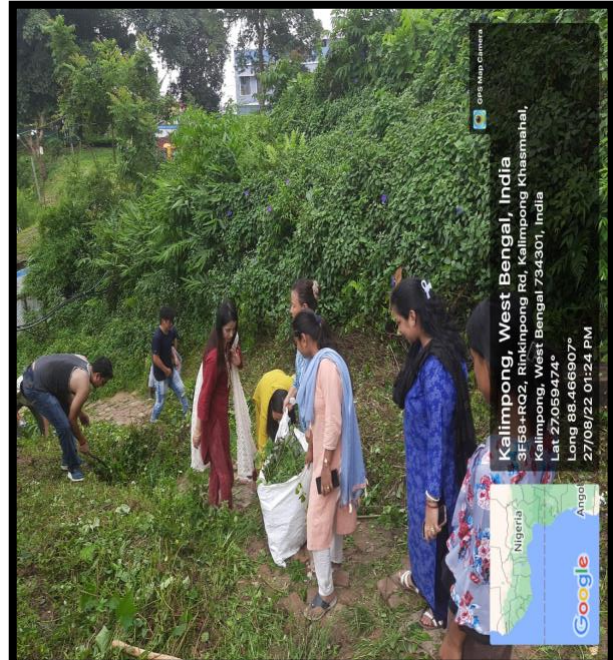
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#### 4. An awareness programme on “Mental Health”

NOTICE Dt: 05/08/2022

With the permission of the Principal, a meeting of Beautification, Health & Hygiene Committee will be held on 08/08/2022 at Room no 19, Geography Dept at 2 pm. All the members are requested to attend the same. Following agenda will be taken up:

1. Regarding awareness or programme on - "Mental Health"

Palmo Jamung  
05/08/22  
CONVENOR,  
Beautification, Health & Hygiene  
Committee



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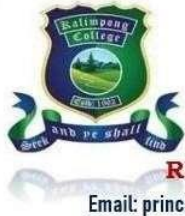
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**4.1 Members Present in the meeting:** Ms. Palmo Tamang (convenor) , Mrs. Nisha Bagdas, Mrs. Jennifer Lama, Dr. Momtaj Begum, Dr. Manik Lal Acharjee, Shri Jiten Mangar.

#### 4.2 Resolutions taken in the meeting :

- A date in consultation with Principal sir was fixed on 29<sup>th</sup> August 2022 for the awareness programme.
- A brief discussion regarding generating of official notice to teachers and students was discussed.
- Discussion was done on which semester (honours or programme) to be part of this programme keeping view the need of awareness.

**4.3 Report of the programme:** An awareness program was conducted by Beautification Health and Hygiene Committee in collaboration with Department of Family and Welfare, Kalimpong Hospital. This program was a part of District Mental Health Programme that was going in different institutions in the district. The resource persons who shared their valuable talk were Mr. Kashtov Parajuli, Dr. Nalini Lama and Ms. Sarah Raitel. The program started with a Welcome address by the Principal, Kalimpong College. Nalini Lama presented her talk on Tobacco use and Control, which Sarah also participated in the interaction. Mr. Kashtov Parajuli spoke on “Mental Health, its types and Coping mechanisms”. The program continued for long two and half hours which includes an interaction between teachers,



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## 5. HIMALAYAN CLEAN-UP

An intensive Campus cleaning was undertaken at Kalimpong College and its premises along with the Children Park near the DM Residence. This was undertaken with the joint efforts by the Beautification, Health & Hygiene Committee, Kalimpong College along with Anugyalaya, Darjeeling (NGO) a part of Darjeeling Himalayan Initiative. The eminent persons who took



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active part during the program were Sir Praful Rao (Activist and Founder, SAVE THE HILLS), Ms. Aachal Tamang (Program Co-ordinator, Anugyalaya), Dr. Nalini Lama (Lagu Foundation), Representatives of AIWUC (All India Women's Conference) and the teachers and student volunteers of Kalimpong College.

The program started at around 11 am firstly with the short talk along with the guidelines provided by Sir Praful Rao in Room no. 02 where all our teachers and student volunteers were seated. Then the volunteers were grouped to make smaller groups so as to cover every part of the Campus and also the adjoining premises along with the Children Park. As the cleaning started, all the wastes were to be picked, putting them in sacks, dustbins. Then all the wastes picked up were collected at a place where segregation of wastes was done according to the company name or the brand. This was mostly done to create an awareness among all on what companies has been selling not just the product but also the waste. It was an indirect appeal to the Companies to take back their waste, which is polluting our Hills. Then after the segregation of the waste brand-wise, it was weighed, take into records, packed and taken to the dumping site.

Despite the continuous rainfall on that day, the entire program was done successfully in a very positive manner. Everyone present participated with enthusiasm with the hope of keeping our place waste-free. The program ended with gratefulness to everyone who spared their time to be part of this program followed by the refreshments to all.



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## Few pictures of the Program

