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ACCREDITED BY NAAC WITH GRADE 'B' (CYCLE 3)

RINKINPONG ROAD, P.O. & DIST. KALIMPONG, WEST BENGAL, PIN-734301

Email: principalkalimpongcollege@gmail.com

■ 03552-351002

Website: www.kalimpongcollege.org.in

#### Activities of NSS Unit-I and Unit-II of Kalimpong College

#### **Programme Officers:**

- 1) Mrs. Reshma Pradhan, Unit-I
- 2) Dr. Pranay Bantawa, Unit-II

#### **NSS Nodal Officer (Kalimpong District)**

1) Dr. Pranay Bantawa

Sl. No.	Name of the activity	Date
1	College Cleaning Drive	1st Week of every month
2	Swachhta Pakhwada	1st August to 15th of August 2022
3	Dengue Awareness Programme (at Chebo Busty)	24/09/2022
4	Observation of Clean India Drive (International Food Day, 2022)	1st October to 31st October 2022
5	World AIDS Day	1 <sup>st</sup> December 2022
6	Special Camp	26/12/2022-31/12/2022
7	Har Ghar Tiranga:	08/12/2022
8	World Environment Day  (Cleaning of College Campus, Bankim Chandra Park, College Surroundings and Awareness Programme on environment and waste management, resource person:  Dr. Rekh Mani Sharma)	5/06/202023
9	International Yoga Day (Observation)  (Participants were Students, NSS volunteers, NCC Cadets, Teaching and Non-Teaching staff)	21/06/2023



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#### Report on Activities of NSS Unit-I and Unit-II of Kalimpong College (2022-2023)

#### 1. College Cleaning Drive

**Date: 1st Week of Every Month** 

The College Cleaning Drive was regularly organized during the first week of each month. This initiative sought to promote a sense of responsibility and hygiene among students. NSS volunteers played an active role in tidying up different areas of the campus, such as classrooms, corridors, and common spaces. This recurring activity not only ensured a clean campus but also encouraged teamwork and a sense of community among students. The drive was highly appreciated by both the college administration and the student body, contributing to a cleaner and healthier campus environment.

#### 2. Swachhta Pakhwada

Date: 1<sup>st</sup> August to 15<sup>th</sup> August 2022

Swachhta Pakhwada was a two-week-long cleanliness campaign featuring various activities aimed at promoting hygiene and cleanliness. The NSS units led efforts such as campus and neighborhood cleaning drives, awareness rallies, and workshops on effective waste management. The campaign concluded with a major community clean-up initiative, which not only improved the local environment but also heightened awareness about the importance of cleanliness and sustainable practices.

#### 3. Observation of Clean India Drive

Date: 1st October to 31st October 2022

Special Event: International Food Day, 2022

Throughout October, the Clean India Drive was marked by a series of activities focused on fostering a cleaner and healthier environment. NSS volunteers organized multiple clean-up campaigns in public spaces, schools, and colleges, with a strong emphasis on educating the community about proper waste disposal techniques. As part of the initiative, International Food Day was celebrated, highlighting the importance of hygiene in food preparation and consumption. Workshops on safe food practices were conducted, and pamphlets were distributed to raise awareness, further promoting the drive's objectives.





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#### 4. Dengue Awareness Programme

Date: 24th September 2022

Location: Chebo Busty

The Dengue Awareness Programme at Chebo Busty was a focused effort to curb the spread of dengue fever. NSS volunteers conducted door-to-door outreach and organized an awareness seminar to educate residents on preventive measures, including eliminating stagnant water and using mosquito repellents. Informative pamphlets were distributed, and practical demonstrations were provided on identifying and eliminating mosquito breeding sites. The initiative was warmly welcomed by the local community, with many residents actively participating in clean-up activities to minimize the risk of dengue.

#### 5. World AIDS Day

Date: 1st December 2022

World AIDS Day was commemorated with a range of activities designed to increase awareness about HIV/AIDS. The NSS units hosted seminars and interactive sessions featuring medical experts and activists who highlighted the importance of prevention, early diagnosis, and treatment of the disease. Informational booths were set up on campus, providing free HIV testing and counseling services. Students also took part in a rally to raise awareness and express solidarity with individuals living with HIV/AIDS, underscoring the importance of empathy and support.

#### 6. Special Camp

Date: 26th December 2022 to 31st December 2022

Special Event: Har Ghar Tiranga on 8th December 2022

The Special Camp was a week-long initiative packed with diverse community service activities, workshops, and training sessions. NSS volunteers participated in tree planting, health camps, and literacy programs in the adopted villages of Chebo Busty and Chalisay. A key event was the Har Ghar Tiranga campaign on 8th December, where volunteers encouraged households to hoist the national flag, fostering patriotism and unity. The camp also featured sessions on leadership, teamwork, and social responsibility, promoting the holistic development of the volunteers. The Programme Officers, Mrs. Reshma Pradhan (Unit-I) and Dr. Pranay Bantawa (Unit-II), actively guided their respective teams throughout the event.



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#### 7. World Environment Day

Date: 5th June 2023

Activities:

- ➤ Cleaning of College Campus
- Cleaning of Bankim Chandra Park
- ➤ Cleaning of College Surroundings
- Awareness Programme on Environment and Waste Management

Resource Person: Dr. Rekh Mani Sharma

World Environment Day was observed with a range of activities centered around environmental conservation and sustainability. NSS volunteers took part in cleaning the college campus, Bankim Chandra Park, and nearby areas, ensuring proper waste collection and disposal. An awareness program on environmental issues and waste management was organized, featuring Dr. Rekh Mani Sharma as the resource person. Dr. Sharma delivered a talk on sustainable practices, the significance of waste reduction, and efficient resource management. The event aimed to educate both students and the community about the importance of preserving the environment for future generations.

#### 8. International Yoga Day

Date: 21st June 2023

Participants: Students, NSS Volunteers, NCC Cadets, Teaching and Non-Teaching Staff

International Yoga Day was observed with a large gathering that included students, NSS volunteers, NCC cadets, and both teaching and non-teaching staff of the college. The event began with a yoga session led by a certified instructor, who guided participants through various asanas and breathing exercises. The session aimed to promote both physical and mental well-being while emphasizing the importance of incorporating yoga into daily life. Participants showed great enthusiasm and expressed a strong interest in making yoga a regular part of their routines. The event concluded with a discussion on the benefits of yoga and a collective commitment to practicing it regularly.

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88.46°E

# Glimpses of Activities conducted by NSS Unit-I and Unit-II of Kalimpong College during

### 2022-2023







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Cleaning of Bankim Chandra Park on 05/06/2023



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Dr. Rekh Mani Sharma delivering his lecture on sustainable practices, the importance of reducing waste, and ways to manage resources efficiently



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Cleanliness drive during Swachhta Pakhwada, 13/08/2022



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Observation of World Food Day by NSS Unit-I and Unit-II at Krishi Vigyan Kendra, Kalimpong on 16/10/2022



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Dengue awareness programme at Chebo Busty on 24/09/2022



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Har Ghar Tiranga Campaign on 08/12/2022





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Observation of International Yoga Day on 21/06/2023 at Kalimpong College, jointly organised by NSS Unit-I and Unit-II